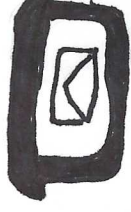


Once trust develops, they ask for sexually explicit photos which are used as blackmail.

Once they have the desired image they may:

Threaten to send it to friends/family



Demand more money or photos



The demands escalate over time, so giving in eventually makes things worse

It's not "just online"

Victims face:

- Fear
- Anxiety
- Shame
- Isolation



This affects:



Mental Health



Relationships



and life as a whole

4

Red Flags



When chatting online you need to be very cautious.

It's best not to talk to people you don't know online, but if you do, notice if:

- Someone pushes for pictures fast
- They won't verify their identity
- The account seems fake
- They become aggressive or demanding
- They use predatory language like "don't tell anyone"

5

What to Do

If this happens to you:

1. Do NOT send anything else
2. Save evidence (screenshots)
3. Block and report them
4. Tell a trusted adult or friend

Remember, YOU ARE NOT IN TROUBLE

Your safety is the most important thing!

6

SEX TORTION

It often starts with:

a type of blackmail using sexual images, videos, or messages

Someone threatens to share them unless you:

- Send more photos
- Do something sexual
- Pay money

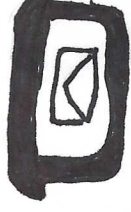


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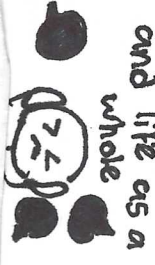
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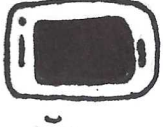
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TALK TO SOMEONE!

RAINN
(National Sexual Assault Hotline)
Call/Text: 800-656-HOPE
Chat: rainn.org

988 Suicide & Crisis Lifeline
Call/Text: 988

Local Help:
Durham Crisis Response Center
919-662-6662
919-662-6662

REMEMBER
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YOU DESERVE HELP.